
 School staff lead

 Premier sports lead

Cycle 1	Autumn		Spring		Summer	
EY and KS1	Introduction to PE unit 1 EY	Fundamentals 1 EY	Dance EY Unit 1	Yoga Y1/2	Striking and fielding unit 1 ks1 rounders	Dance Unit 1 KS1
	Ball Skills Unit 1 EY Throwing and catching	Gymnastics Unit EY1	Games EY Unit 1 Tagging games	Team Games Year 1	Athletics KS1 Unit 1	Games Tennis KS1 Unit 1
Lower KS2	Fundamentals Year 3/4	Fitness 3	Dance Year 3	Yoga Year 3/4	Striking and Fielding Rounders 3/4	Dance Year 4 Romans from Twinkl
	Ball Skills Netball 3/4	Gymnastics 3	Team Games Tag Rugby	OAA year 3/4	Athletics 3	Net Games Tennis 3
Upper KS2	Boccia	Fitness Year 5/6	Dance 5	Yoga Year 5/6	Striking and Fielding Rounders 3/4	Dance Year 5 WW2 Twinkl unit
	Ball Skills Netball 5/6	Gymnastics 5	Team Games Tag Rugby	OAA Year 5/6	Athletics 5	Net Games Tennis 5

Cycle 2	Autumn		Spring		Summer	
EY and KS1	Introduction to PE Unit 2	Fundamentals unit 2 EYFS	Yoga	Gymnastics Ks1 Unit 2	Target games Y1	Dance KS1 unit 2
	Games EY unit 1	Games EY Unit 2	Dance EY unit 2	Invasion games Year 1/2	Athletics Year 1	Ball skills year 1
Lower KS2	Fundamentals Year 3\4	Fitness year 3/4	Yoga	Gymnastics Unit 4	Striking and Fielding Cricket 3/4	Twinkl Dance Water
	Net and Wall plans from Suffolk PE	OAA	Dance 4	Football Year 3/4	Athletics 4	Dodgeball 3/4
Upper KS2	Fundamentals Year 5/6	Fitness year 5/6	Yoga	Gymnastics 6	Striking and Fielding Cricket 5/6	Dance KS2 Twinkl Electricity dance
	Badminton year 5/6	OAA	Dance 6	Football Year 5/6	Athletics 6	Dodgeball 5/6

Cycle 3	Autumn		Spring		Summer	
EY and KS1	Fundamentals EY 1	Dance EY1	Yoga	Gymnastics Unit 1 KS1	Striking and Fielding Rounders	Games tennis KS1
	Ball Skills EY Unit 1	Gymnastics EY 1	Net and Wall KS1	Sending and receiving KS1	Athletics Year 1	Team Building Year 1
Lower KS2	Fundamentals Year 3/4	Dance 3	Yoga	Gymnastics Twinkl 4 Movement	Striking and Fielding Rounders 3/4	Tennis year 3/4
	Ball Skills 3/4	Gymnastics year 3	Golf Year3/4	Hockey Year 3/4	Athletics 3	OAA
Upper KS2	Boccia	Dance Year 5	Yoga	Gymnastics Twinkl Y6 Movement	Striking and Fielding Rounders 5/6	Tennis Year 5/6
	Ball Skills Volleyball Year 5/6	Gymnastics Year 5	Golf Year 5/6	Hockey year 5/6	Athletics 5	OAA

Cycle 4	Autumn		Spring		Summer	
EY and KS1	Fundamentals 1	Yoga	Dance KS1 Unit 1	Fitness Year 1	Striking and fielding KS1	Gymnastics KS1 1
	Gymnastics 2 EY	Games EY unit 2	Invasion Games Y1/2	Sending and Receiving KS1	Athletics Year 1	Net Games Net and Wall
Lower KS2	Fundamentals Year 3/4	Yoga	Dance Year 4	Fitness Year 3/4	Striking and Fielding Cricket 3/4	Gymnastics Twinkl 4 movement
	Gymnastics 3	Basket ball	Team Games Football	Boccia	Athletics 4	Dodgeball Year 3/4
Upper KS2	Fundamentals year 5/6	Yoga	Dance Year 6	Fitness year 5/6	Striking and Fielding Cricket 5/6	Gymnastics Twinkl 5 Movement
	Gymnastics	Basketball	Team Games Football	Boccia	Athletics 6	Dodgeball Year 5/6