



Stoke by Nayland Church of England Primary School and Early Years Setting



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5th October 2018

Dear Parents,

Bikeability Training

I am arranging for children in Years 5 and 6 to take part in cycle training, after half term. Year 6 that did Bikeability last year, and received Level 1 (but not Level 2) can try to gain Level 2 this year

The children will be in groups of about 12 and need to complete four, 2 hour sessions to fulfil the requirements of the course. Children must attend all sessions to pass the course.

In addition to this, the bikes have to pass a **stringent safety check** before children are allowed to take part, which includes checking that the bike is of a suitable size. They must also have a properly fitting helmet. Details of the bike specification are on the back of this letter.

This course is not to teach your child how to ride a bike. They should have good control and balance. Level 1 of the course takes place in the playground and only children who have sufficient control will be allowed on the road to take part 2 of the course.

If you would like your child to take part in this training please can you return the slip below by Thursday 11th October, so that I know how much time I need to book for the lessons.

Once this is received a full consent form will be sent to you, which the trainers will require before children can start the course.

Yours sincerely

Jane Le Grice
Headteacher



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PLEASE RETURN TO THE SCHOOL OFFICE

I would like my child _____ to take part in the Bikeability training. I have read the information sent with the letter and understand that my child's bike must meet the required standard if they are to take part.

Signed..... Printed.....

PTO...

Requirements

All students will need to be in possession of a suitably sized, roadworthy bike and cycle helmet. Cycle helmets must be worn throughout the sessions. During Level 1, children carry out a basic cycle check with their instructor. During this check the instructor ensures their cycles have no obvious defects making them un-roadworthy. Should there be any defects on their bike that cannot be put right during the cycle check, then a report form will be issued in order for their parents to rectify the fault. The instructor can be a little more 'forgiving' of any defects for the off road session (Level 1) but cycles must be fully roadworthy prior to road work (Level 2).

Suffolk County Council provides high visibility waistcoats for all students which will be worn during the training.