



## Meeting for the Danbury Residential Trip Monday 12<sup>th</sup> June-Wednesday 14<sup>th</sup> June



### Personal Kit & Equipment List:

#### Clothes and Shoes

- Nightwear / Warm Pyjamas in case it gets cold
- Underwear and socks (please note that for many activities, socks will need to cover your ankles)
- Old trousers / leggings for activities (not jeans as heavy)
- Old shorts
- 1 pair of old trainers for activities
- Pair of dry shoes for evening activities
- Old fleeces / sweatshirts for activities
- Old long sleeved shirt/t-shirts (for activities where arms need to be covered)
- Old t-shirts
- 1 or 2 sets of clothes for the evening
- Baseball hat / sun hat
- Waterproof jacket / cagoule (and trousers if you have them)

#### Other Items

- Sleeping bag or duvet, pillow and single bottom sheet
- One towel for showering
- One old towel for wet / muddy activities
- Plastic drinks bottle
- Sunscreen
- Small rucksack / bag
- Labelled bin bags for wet and dirty clothing
- Wash bag (including soap, shampoo and toothpaste)
- Torch and Batteries
- Teddy/sleeping aid (optional)

**All clothing items should be named to avoid loss and should be packed in a kit bag or rucksack that should also be labelled and named. No mobile phones, MP3 players, DS', other computer devices, jewellery and watches should be brought on this trip. These valuable items are easily lost or damaged and will not get replaced.**

**Please be aware that on certain activities clothing will get wet and muddy, so don't bring your best clothing!**



### **Example Daily Itinerary:**

7:15 Wake up call.  
7:20 Children will be taken a group at a time to the toilet and to wash.  
8:00 Breakfast  
9:30-11:00 1st activity  
11:00-12:30 2<sup>nd</sup> activity  
12:45-13:30 Lunch  
13:30-15:00 3<sup>rd</sup> activity  
15:00-16:30 4<sup>th</sup> activity  
17:00 Dinner  
18:00-18:45 Diary time  
18:45-20:00 Free time  
20:00 Get ready for bed  
21:00 Lights out time

### **Meal times and snacks:**

All meal times will be taken together as a class. A rota is staggered for meal times between other groups booked in. Please let Mrs Savory know if the children have special dietary requirements or are vegetarian. Snacks will be provided by the school, **so no food is needed.**

**However, children will need a packed lunch on the first day.**

### **Accompanying Adults**

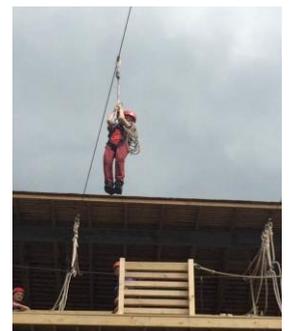
There will be 4 adults on this trip.  
Mrs Savory (trip leader and class teacher)  
Mrs Locke (TA)  
Mr Drew (Governor)  
Mrs Lefebvre (Lucas' mum)

### **Activities in the day:**

The class will be split into 3 groups with an adult with each group. Each group will do a different activity. The children need to make sure they are with their group leader at all times. In the event that a child needs the toilet whilst the group is doing an activity, the child can choose a friend to go to the toilet with. The groupings in the day will be different to the children they sleep with, however they will yet again be with at least one person they have asked to be with. No child will be made to do an activity. If they don't want to do the activity they will have to watch.

### **Activities:**

Archery  
Bush craft  
Problem solving  
Low ropes  
Aerial Trekking  
Archery  
Orienteering  
Obstacle courses  
Caving



### **Free time:**

During free time the children will be escorted in groups to shower. While some children are showering the other children have free time. This can be used to read, play a board game/card game, play a game of rounders or other sporting games. (School will provide the equipment)

### **Sleeping arrangements:**

There are 4 cabins with five sets of bunk beds in each one. Each cabin is double glazed with heating if it's a chilly night. All children as stated in equipment list will need to bring their own bedding. The children will be expected to make their own beds, so please practise at home. Obviously if the children find making a bed hard they will be helped once they have tried first. The children will be asked to write down two friends that they would like to share a room with. Every child will be placed with at least one of the friends they have asked for. The children will be told to get ready for bed at 20:30 and lights out will be at 21:00. During this time all children will be asked to go to the toilet. All children will be asked if they want a bedtime drink, which can be kept by their bed. If in the night the children need the toilet they can use the toilet in their cabin. A wake up call will be given at 7:15-7:30, which will be the first time the children are allowed to come out of their cabin.

### **Home sickness:**

All children experience home sickness and it wouldn't be normal if they didn't. The children will be comforted by Mrs Savory and Mrs Locke. If a child is so upset that we are concerned for their welfare, Mrs Savory will call Mrs Le Grice and she will contact the parents. The whole point of an exciting trip such as this is for the children to become more independent and take more responsibility for themselves in a safe and caring situation. Mobile phones will not be allowed at Danbury, but Mrs Le-Grice will keep you informed of how everyone is doing as she did last year.

Arrival time at school on Monday 12th June –**normal school time**

Return to school on Wednesday 14th June-**approximately 2:45**

*(You will be able to take your child home early on this day if you would like to, or they can stay with us until the end of the day)*

