





PE 2 Year Cycle EYFS/KS1

	Autumn		Spring		Summer	
Cycle 1	Introduction to PE	Fundamentals	Dance	Yoga	Striking and fielding	Dance
	Throwing and catching	Gymnastics	Tagging games	Team Games	Athletics	Games Tennis

	Autumn		Spring		Summer	
Cycle 2	Fitness	Net and Wall Games	Yoga	Gymnastics	Target games	Dance KS1
	Sending and receiving	Team Building	Dance	Invasion games	Athletics	Ball skills

 School staff lead

 Premier sports lead